

### News and Views

**August** 2024

As I write to you all, we are welcoming in the new financial year with lots of extra tasks and our first Katoomba trippers have returned with wonderful feedback about their trip. What a lovely relief to be checking out the Katoomba photographs in between negotiating with insurance brokers and updating mobile phone accounts.

### Our rebranded website goes live!!!!!

In this month's edition please spend some time reviewing the information about our new website. It has been rebranded and gives you a lot of options to view the current and prior newsletters and to book a service for transport to appointments, shopping, social outings and bus hire. Anything new can be daunting but please persist with your usual online bookings as practice makes perfect. In each edition of the newsletter over the next couple of months we will provide some more information about where you can find information on our website.

Our September Floriade trip is just around the corner, and I still have a few spots available. This is a beautiful time of year to visit the tulips in Canberra and to see well-known sites, such as the War Memorial (recently renovated), Parliament House, the National Museum, the Mint, the Museum of Democracy, the Portrait Gallery and so much more. Our October Hunter Valley trip also has a few spots available and once again spring is a lovely time of year to spend in the Hunter Valley. Call Carol or Shannon to book your spot.

We have a new vehicle type in our fleet. Rosco is our new Toyota Commuter which has 14 seats and will be used in the St George area mostly. Rosco is named after our remarkable volunteer.

Ross Tzaneros who assists the social outings team three days per week.

Thank you to those clients who attended the Community Partners event. It was a remarkable success due to the interaction of our attendees with the store holders and the presenters. There are obviously many older people out there who need more information about aged care services. Thank you to Aidacare who sponsored our event.



At the end of June our **NDIS Support Workers** undertook NDIS manual handling training to improve how they can support our participants.

They enjoyed a 'hands on' approach testing the hoists, wheelchairs,

walkers and beds. Here is our NDIS Coordinator, Vicky, ready for take-off.

We will bid a sad farewell to our Board member Jimmy Bai who has served on our Board as Treasurer and Ordinary Board member for nine years. Jimmy has been a great advocate for us especially with the Chinese community. He leaves us to spend more time with his wife and their first baby who is due to make an appearance in September. We wish him all the happiness in the world!

The AGM is pencilled in for the 18 October for all our members.

Enjoy lots of outings and BActivities and why not try a new shopping centre for a change? Take Care, Carol







# New & Improved SGC WEBSITE

### Launch of SGC Website

We're excited to unveil our new website, designed to provide you with a better way to communicate with us and explore our services. With a sleek design and new, improved features, you'll enjoy a more intuitive and engaging experience.







### MODERN DESIGN

Enjoy a clean and contemporary layout that makes navigation a breeze.

### ENHANCED FEATURES

Discover new tools and resources that will make interacting with us even easier.



### IMPROVED ACCESSIBILITY

Our site will be more accessible, ensuring everyone can use it effortlessly.

### MOBILE FRIENDLY

Access our site seamlessly from any device, including computers, tablets, or smartphones.





# How To Make A BOOKING ONLINE

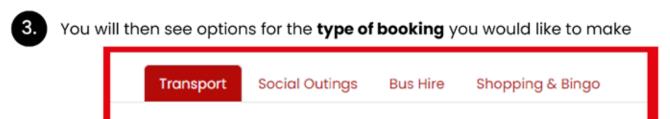
We're excited to help you with your booking - Follow these simple steps to make an online booking for Social Outings, Transport, Bus Hire, Shopping, or Bingo services.

### To make a booking for Transport, Bus Hire, Shopping or Bingo follow these steps:

- 1. VISIT OUR WEBSITE <u>www.stgct.org.au</u>
- 2. CLICK ON 'BOOK A SERVICE'

  Located at the top right corner of the homepage.

  Book a Service



For **Transport**, **Bus Hire**, **Shopping**, and **Bingo** bookings complete the required form and click on **Submit**.

### To make a booking for Social Outings follow these steps:

- 4. Complete the 'Booking Form' by entering your contact details.

  This will include the passenger(s) name, address, phone number, email, and any special requests. Please note, you can only book for people at your address.
- 5. Select the outing(s) and choose the passenger(s) who will be attending. (You can choose Passenger 1, Passenger 2, or both.)



Once you have completed the form, scroll to the bottom of the page and click the "Submit" button. You will receive a confirmation email with your booking details.

If you need to make any changes or corrections, don't worry! Simply call our friendly staff, and they'll assist you with any adjustments to your bookings.

### **BActive**

#### Live Longer, Live Stronger

Remember to keep hydrated, eat well and exercise regularly.

Please contact the instructors directly to book in your class before booking transport with us.

Call Shannon or Tracey O on 9585 3000 to book your transport.

Please note for non-funded clients, Transport costs will be calculated individually.



#### **AQUA AEROBICS**

IRT Peakhurst
Tuesdays at 10.30am (limited places)
\$10 Transport & \$12 per Class

Enjoy some gentle exercises in the beautiful heated pool at IRT and hop in the spa to relax at the end. Bring/wear your cossies and a towel.

Contact: Cassie 0435 079 680 cmaquafit@gmail.com

#### **ZUMBA GOLD**

Oatley Uniting Church Hall
Tuesdays 12.00pm to 1.00pm
Wednesdays 10.15am to 11.15am
(School terms - ring to check dates)
\$10 Transport & \$10 per Class

Zumba is low impact, low intensity and is for everyone. Shake your hips to some great music.

Contact: Kate 0421 902 520 katedemayo@gmail.com



#### STEADY STABLE AND ABLE

Oatley Uniting Church Hall

Wednesdays 11.30am to 12.30pm

\$10 Transport & \$10 per Class

Bexley Congregational Church Tuesday 9.30am to 10.30am \$10 Transport & \$15 per Class

Exercise and have some fun with cardio-vascular warm up, strengthening and balancing exercises. You will need to walk independently and be able to get yourself in and out of chairs.

Contact: Kate 0421 902 520 katedemayo@gmail.com



#### SEATED AND STRONG

Bexley Congregational Church

Tuesday 10.30am to 11.30am

(School terms - ring to check dates)

\$10 Transport & \$15 per Class

This new chair-based class will help you get stronger and fitter.

Contact: Kate 0421 902 520 katedemayo@gmail.com

#### **ACTIVE AGEING FITNESS GROUP**

Oatley Community Hall

Mondays 10.00am to 11.00am

PJ Ferry Reserve Community Hall, Allawah

Tuesdays 11.00am to 12.00pm

\$10 Transport & \$8 per Class. 10-week term

Friendly group classes for weight bearing strength work with stretching. The class also includes falls prevention with balance work.

Booking is essential / Registered with AUSactive & Insured

**Contact:** Coralie 0415 065 800

coralie@fitnessnow.com.au





\*ALL AGES \*ALL FITNESS LEVELS Where fitness and friendship come together

**Special Classes for Seniors** 

#### SENIORS DANCE FITNESS CLASS

St George Maso's Club

Tuesdays 12.00pm to 1.00pm

(Classes run school terms)

\$10 Transport & \$7 per Class (1st class Free)

A fun low impact exercise class especially designed for Seniors moving to all your favourite hits from yesteryear. The class is both seated and standing.

Contact: Tracie 0419 999 650

tracie@dancefitsydney.com.au

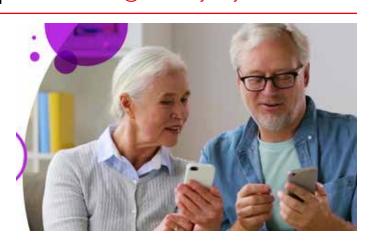
#### **BE CONNECTED**

KCS Community Hub, 49 English St Kogarah Wednesdays 1pm to 2.30pm

Free Sessions - Afternoon tea provided

KCS presents The Australian Government initiative, that aims to support, coach and teach Older Australians (50+) to improve their skills and confidence in using digital technology.

**Contact:** Maria 9161 3937



# SGC August Shopping Bus

Cost: only \$10 per person or \$15 per couple. Contact the office for NDIS and Home Care Package Fees.

2 hours allocated for shopping time.



	Green Area	Yellow Area	Blue Area	Pink Area
Which AREA are you in?	<ul> <li>Beverly Hills</li> <li>Kingsgrove</li> <li>Lugarno</li> <li>Mortdale</li> <li>Narwee</li> <li>Padstow Heights</li> <li>Peakhurst</li> <li>Riverwood</li> </ul>	<ul> <li>Blakehurst</li> <li>Connells Point</li> <li>Hurstville Grove</li> <li>Kyle Bay</li> <li>Oatley</li> <li>Penshurst</li> <li>South Hurstville</li> </ul>	<ul> <li>Allawah</li> <li>Arncliffe</li> <li>Bardwell Park</li> <li>Bardwell Valley</li> <li>Bexley</li> <li>Bexley North</li> <li>Carlton</li> <li>Hurstville</li> <li>Turrella</li> </ul>	<ul> <li>Banksia</li> <li>Brighton-Le-Sands</li> <li>Cars Park</li> <li>Kogarah</li> <li>Kyeemagh</li> <li>Monterey</li> <li>Ramsgate</li> <li>Rockdale</li> <li>Sandringham</li> <li>Sans Souci</li> </ul>
Roselands Shopping Centre	Fri 2 <sup>nd</sup> Aug Mon 5 <sup>th</sup> Aug Fri 16 <sup>th</sup> Aug Mon 19 <sup>th</sup> Aug Fri 30 <sup>th</sup> Aug <i>Pickups start</i> <i>from 10:00 am</i>	Fri 2 <sup>nd</sup> Aug Mon 5 <sup>th</sup> Aug Fri 16 <sup>th</sup> Aug Mon 19 <sup>th</sup> Aug Fri 30 <sup>th</sup> Aug <i>Pickups start</i> <i>from 8.30 am</i>	N/A	N/A
Rockdale Plaza	N/A	N/A	Fri 9 <sup>th</sup> Aug Mon 12 <sup>th</sup> Aug Fri 23 <sup>rd</sup> Aug Mon 26 <sup>th</sup> Aug  Pickups start from 8:30 am	Fri 9 <sup>th</sup> Aug Mon 12 <sup>th</sup> Aug Fri 23 <sup>rd</sup> Aug Mon 26 <sup>th</sup> Aug <i>Pickups start</i> <i>from 10:00 am</i>
Southgate Sylvania Changes to pick-up	Tue 6 <sup>th</sup> Aug Wed 14 <sup>th</sup> Aug Tue 20 <sup>th</sup> Aug Wed 28 <sup>th</sup> Aug  Pickups start from 10:00 am	Tue 6 <sup>th</sup> Aug Wed 14 <sup>th</sup> Aug Tue 20 <sup>th</sup> Aug Wed 28 <sup>th</sup> Aug  Pickups start from 10:00 am	Wed 7 <sup>th</sup> Aug Tue 13 <sup>th</sup> Aug Wed 21 <sup>st</sup> Aug Tue 27 <sup>th</sup> Aug  Pickups start from 10:00 am	Wed 7 <sup>th</sup> Aug Tue 13 <sup>th</sup> Aug Wed 21 <sup>st</sup> Aug Tue 27 <sup>th</sup> Aug  Pickups start from 10:00 am

### Menai Marketplace

### Westfield Eastgardens





	Green Area	Yellow Area	Blue Area	Pink Area
Which AREA are you in?	<ul> <li>Beverly Hills</li> <li>Kingsgrove</li> <li>Lugarno</li> <li>Mortdale</li> <li>Narwee</li> <li>Padstow Heights</li> <li>Peakhurst</li> <li>Riverwood</li> </ul>	<ul> <li>Blakehurst</li> <li>Connells Point</li> <li>Hurstville Grove</li> <li>Kyle Bay</li> <li>Oatley</li> <li>Penshurst</li> <li>South Hurstville</li> </ul>	<ul> <li>Allawah</li> <li>Arncliffe</li> <li>Bardwell Park</li> <li>Bardwell Valley</li> <li>Bexley</li> <li>Bexley North</li> <li>Carlton</li> <li>Hurstville</li> <li>Turrella</li> </ul>	<ul> <li>Banksia</li> <li>Brighton-Le-Sands</li> <li>Cars Park</li> <li>Kogarah</li> <li>Kyeemagh</li> <li>Monterey</li> <li>Ramsgate</li> <li>Rockdale</li> <li>Sandringham</li> <li>Sans Souci</li> </ul>
Menai Marketplace	Thur 8 <sup>th</sup> Aug Thur 22 <sup>nd</sup> Aug Pickups start from 10:00 am	Thur 8 <sup>th</sup> Aug Thur 22 <sup>nd</sup> Aug Pickups start from 8.30 am	N/A	N/A
Westfield Eastgardens	N/A	N/A	Thur 1st Aug Thur 15th Aug Thur 29th Aug Pickups start from 8:30 am	Thur 1st Aug Thur 15th Aug Thur 29th Aug Pickups start from 10:00 am









### Play Bingo and have a bite to eat with your friends

WEDNESDAY	Hurstville RSL	Bingo starts 10.00 am
THURSDAY	St George Leagues Club	Bingo starts 10.30 am
FRIDAY	Bexley RSL	Bingo starts 11.00 am
FRIDAY	Oatley RSL	Bingo starts 11.00 am

Return Pickup time is 1pm for ALL of the above

Pickup starts 1 hour and 15 minutes before bingo, arriving 15min early.

Transport: \$10 Return. Call the office on 9585 3000 to book.



#### Here are some photos of our clients and staff enjoying the social outings...







Come along on an outing and meet us 😊

# **Social Outings Information**

### **Booking Options**

- Call 9585 3000. Press '2' for Social Outings.
- Email your outings to harvey@stgct.org.au and you will receive a reply email.
- Use our website stgct.org.au
   Open our homepage and click on heading
   'BOOK A SERVICE', choose 'Social Outings',
   fill in required fields with your information.
   Click 'SUBMIT'.

#### **Payments**

- Bus fares: No advance payment. Cash or EFTPOS on the day or go on account and we will invoice you once a month.
- Entry fees and other event costs: Pay ON
   THE DAY unless we ask for a prepayment in
   the Newsletter. Any prepayments can be made
   over the phone using VISA or Mastercard.



Always bring money for food and drink. If any of our outing venues cancel, an alternative will be organised

#### **Cancellations**

If you need to cancel your booking(s), please call the office by 10am the day before at latest. You can also leave a message if it is outside office hours.

### **Social Outings Reminder Phone Calls**

You will receive two courtesy reminders for each outing. Please let us know which phone number you want the messages sent to.

- The first reminder: two days before an outing between 10.00 - 11.00am
- The second reminder: the day before your outing between 3.30 - 4.30pm (includes your pickup time)

Follow the prompts at the end of each message to confirm or cancel your outing. Please call the office if you have any questions **9585 3000**.

### **August Social Outings Calendar**

### **Thursday 1 August**

### Simply Lunch: Earlwood Hotel

Located in Earlwood's town centre, Earlwood Hotel, built in 1931 retains all the warmth and charm of an older Hotel even though it has been recently refurbished throughout. Daily specials from \$19.





#### \$15 Bus

### Friday 2 August

#### Linnwood House, Guildford

Linnwood is an historic house set on 5 hectares of ground at Guildford in the Western Suburbs of Sydney. Built in 1891 by George McCredie, Mayor of Prospect & Sherwood, and Independent member for the State seat of Central Cumberland, and an advocate of female suffrage. Includes Talk and Devonshire Tea. Standard toilets only.



### Monday 5 August (Also on Fri 9/8/24)

### Mt Vernon: Country Villas and Mansions Drive 1

Back by popular demand. Come for a drive past the new airport development and through the undulating hilly rural area of Mt Vernon, with its large estates and mansions, and the spectacular Blue Mountains on the horizon. You will be amazed with what you see! M/Tea and Lunch on the day.

### \$15 Bus

### **Tuesday 6 August**

### **Cyprus Community Club Seniors Lunch and Entertainment Stanmore**

We are going back to Cyprus. Fun, food, fellowship the Cypriot way. Come for a delicious meal and live Greek music and dancing, for a bargain price.













### Wednesday 7 August

### Simply Lunch: Cruising Yacht Club of Australia, Darling Point

Location, location, location. Enjoy Sydney Harbour at this beautiful bistro. Expect to pay a little bit more for the view. But it is totally worth it.





#### \$15 Bus

### **Thursday 8 August**

### Homebush Brickpit Historic Walk (but no swimming)

The Brickpit Ring Walk is an urban nature park and walkway that serves as a water storage and frog habitat, located in Sydney Olympic Park. Enjoy a coffee, a walk with historic information and audio commentary as you go around. Lunch afterwards.







### \$15 Bus

#### Friday 9 August (Also on Mon 5/8/24)

### Mt Vernon: Country Villas and Mansions Drive 2

Come for a drive past the new airport development and through the undulating hilly rural area of Mt Vernon, with its large estates and mansions, and the spectacular Blue Mountains on the horizon. You will be amazed with what you see! With morning tea and lunch on the day.





#### \$15 Bus

### **Monday 12 August**

### Randwick Ritz Cinema Classics: Rio Bravo

This 1959 Western film stars John Wayne, Dean Martin, Angie Dickinson, Walter Brennan, and Ward Bond. Remember the story? A Texan sheriff arrests the brother of a powerful local rancher for murder and then has to hold the man in jail until a U.S. Marshal can arrive. Starts 11am and then lunch. No swearing in this classic film.





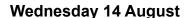
### **Tuesday 13 August**

### Bryan Brown Theatre: Crooners and Swooners, Bankstown

From crooners like Dean Martin and Frank Sinatra to the iconic Elvis and Tom Jones, Tony Mazell's infectious character and humour keep audiences completely entertained. Paired with Swooner Susannah Mirana's classical-trained voice this duo performs a diverse body of work ranging from cabaret to rock and jazz.

\$15 Bus

\$20 Entry



### Salvos Store Rockdale and Bunnings Rockdale

Been waiting to go to Bunnings? Now is your chance. Want to drop a bag of clothes at the Salvos as well as find a bargain. It is amazing the quality these used clothing shops now have.







#### \$15 Bus

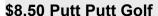
### Thursday 15 August Putt Putt Golf at Helensburgh

Putt Putt Golf at Helensburgh

Grab your putter, line up your shot, and let the

This outing is available to people with NDIS Plans.

good times roll! Please bring money for lunch.



**Thursday 15 August** 



Sunshine



### — OR –

### Rat Pack Reloaded: Casula Powerhouse

Rat Pack Reloaded celebrates music of the legends of Las Vegas: Frank Sinatra, Dean Martin, Sammy Davis, Jr. and the Rat Pack of today: Harry Connick, Michael Bublé and Robbie Williams.



\$30 Ticket Prepay by Mon 5/8/24



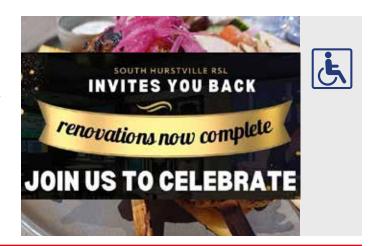




### Friday 16 August

### Simply Lunch: South Hurstville RSL

The multi-million dollar renovations are complete and the club has re-opened. And everyone says it is fantastic. The meals are a great price during the reopening celebrations. Come and check it out.



#### \$15 Bus

#### **Monday 19 August**

### Archibald, Wynne and Sulman Prizes 2024: Art Gallery of New South Wales

Get ready to be blown away by the incredible talent on display at the Archibald, Wynne, and Sulman Prizes 2024! This prestigious art competition showcases the best of the best in Australian contemporary art.



#### \$15 Bus

\$22 Prepay by Fri 9/8/24

#### **Tuesday 20 August**

### Australian Army Museum of Military Engineering & Police, Holsworthy Barracks

The history of the Royal Australian Engineers is displayed across a large open gallery where visitors can see equipment, artefacts and stories of the engineers and their achievements at home and overseas since colonial times. Government issued photo ID is required to enter.







\$15 Bus Free Admission

### Wednesday 21 August

### **BrewDog - South Eveleigh**

A trendy new craft beer bar and restaurant.

They dish up the classic BrewDog burgers, world-famous wings, pizza and parmies to keep you satisfied. This is a beautiful modern dining experience, so it will cost a little more than a club.





\$15 Bus



Thursday 22 August (Also on Mon 26/8/24)

### A trip on the Driverless Metro – Chatswood to Rouse Hill 1

The biggest public transport project in Australia which will be a network of four metro lines, 46 stations and 113km of new rail. Sydney Metro is Australia's most technologically advanced railway, and is Australia's only driverless train service.







\$15 Bus Opal Card

### Friday 23 August

#### **Birkenhead Point Shopping**

Some serious shopping and eating at Sydney's largest brand outlet located on beautiful Parramatta River. Over 120 stores with brands such as Oroton, Peter Alexander, Sass & Bide, Polo Ralph Lauren and Calvin Klein. Good luck and happy shopping!







#### \$15 Bus

Monday 26 August (Also on Thur 22/8/24)

### A trip on the Driverless Metro – Chatswood to Rouse Hill 2

The biggest public transport project in Australia which will be a network of four metro lines, 46 stations and 113km of new rail. Sydney Metro is Australia's most technologically advanced railway, and is Australia's only driverless train service.







\$15 Bus Opal Card

### **Tuesday 27 August**

### Australian Geographic Nature Photographer of the Year: Australian Museum

For two decades, this renowned exhibition has celebrated the impeccable artistry of some of the world's best nature photographers, and the astounding beauty and fragility of the world around us. Morning tea at the museum and lunch on the way home.



Free Admission









Tuesday 27 August

### Simply Lunch: 7th Heaven Cafe & South Village Shopping Centre

This highly recommended cafe will be a lovely spot to stop for coffee and lunch. Feel free to check out the shops and bring something home for dinner.





#### \$15 Bus

#### Wednesday 28 August

### **Lunch and Lunges: Strengthening for the over 60s: NSW Health Aged Care Dept. Peakhurst**

We all want to stay independent. To do that we need to build and maintain our strength, balance, and mobility. This local program is delivered by experienced exercise professionals. And you will get to watch a class in action at Olds Park Sports Club and then lunch at South Hurstville RSL!

# Strengthening for Over 60s





#### \$15 Bus

#### **Thursday 29 August**

#### Secret garden and Nursery UWS Richmond

North West Disability Services run this nursery and cafe. In a beautiful location with a diverse range of plants, come and purchase your spring time plants and enjoy a scone and tea/coffee, all home cooked by staff and volunteers.





#### \$25 Bus

### Friday 30 August

#### **Dollar World Bankstown**

Back by desperate pleading! Import wholesaler selling direct to the public, so there are huge savings in a big variety of household goods. You won't believe your eyes! New lines coming in daily. Only come if you are happy to do some serious shopping.

## (Approx. 1.5hrs allocated for shopping) \$15 Bus



Wednesday 18 September (Prebooking)
Sister Act Musical: Capitol Theatre pre-Booking

Yes the much loved movie starring Whoopi Goldberg (1992 believe it or not) is now a much loved musical. Another special treat. Book and pay ASAP.

\$15 Bus \$80 Ticket - Pay immediately





### **Noticeboard**

### **SGC - City Trips Trial**

The City Trips Trial has been offering more flexibility with city trips. As we continue with the trial please remember to share your feedback and experience so we can make improvements and evaluate how it is working for you. We are utilising help from St George Cabs to offer extended service hours.

IMPORTANT: Anyone travelling to and from the city during the trial period will need to bring a mobile phone so that we and St George Cabs can contact you on the day. Please make your

bookings as normal by calling our office on 9585 3000. Our Team will coordinate the transport to and from your city appointment. When you are ready to return home from the city, call the office before 5 pm and one of the team will book the taxi home.

Note: From July 2024 the standard fee for the city will be \$40 for all funded clients, an invoice will be sent to you following the trip. This service is not available to Home Care Package clients or NDIS participants, please call the office to discuss individual requests and for more information.

### **SGC - Ability Supports**

If you have an NDIS Plan we can assist you to:

- · Get out and about in the community
- Join a social outing
- · Improve your skills to remain independent
- · Look after your household chores and
- Look after your daily personal needs



Call us on 9585 3000 and speak to Tracey M or Vicky to find out how you can access our services!

### St George Hospital presents: Strengthening for over 60s program

St George Hospital provides safe, effective, and affordable strength and balance classes to help people aged 60 plus to maintain bone density, improve their functional strength, and remain independent for longer.

The program is evidence based and designed by St George Physiotherapist and delivered by experienced exercise professionals across community venues in Bayside, Georges River & Sutherland LGAs.

The classes are suitable for most fitness levels and provide a supportive environment.

Cost: \$100 per term (9 weeks)

Contact us via SESLHD-Strength@health.nsw.gov.au or 02 911 31397

Overnight trips available to CHSP clients only.

### FLORIADE TRIP: THREE DAYS - TWO NIGHTS 24th to 26th September 2024

We have 4 rooms available. Cost: \$950 plus single supplement of \$140.

DAY 1 8.30am 11.00am	Leave St George area Brunch at The Roses Café Goulburn	4.30pm	Museum of Democracy / Portrait Gallery/ Royal Australian Mint Back to hotel
1.00pm	Cockington Green Gardens	6.30pm	Dinner
3.00pm	Driver around Lake Burley Griffin	9.00pm	Bedtime
4.00pm	Crowne Plaza Canberra		
6.30pm	Dinner - The Duxton	DAY 3	
9.00pm	Bedtime	8.00am	Breakfast - Redsalt Restaurant
			Crowne Plaza
DAY 2		9.00am	Checkout
8.00am	Breakfast - Redsalt Restaurant	9.30am	New Parliament House
	Crowne Plaza	11.00am	National Museum
9.30am	Floriade	1.00pm	Lunch-National Museum
12.00pm	National Arboretum	2.00pm	Consulate Drive Tour
1.00pm	Choose from War Memorial or	5-6.00pm	Home

### **HUNTER VALLEY: THREE DAYS - TWO NIGHT 22nd to 24th October**

We have 3 rooms available. Cost: \$770 plus single supplement of \$180 (\$950).

5444		p.c. 5g. 5	
DAY 1			
8.30am	Leave St George area	7.00pm	Dinner at the Oaks Cypress
11.00am	Brunch at the Market Street Café	·	Lakes Resort
	Wangi Wangi		
12.00pm	Tourist Drive to the Hunter Valley	DAY 3	
3.00pm	Mercure Resort Hunter Valley	8.00am	Breakfast-Mercure Hotel Valley
7.30pm	Dinner -Harrigan's Hunter Valley	9.30am	Checkout
		10.00am	Hunter Belle Cheese Room
DAY 2		11.00am	Scarborough Wine Company
8.00am	Breakfast - Mercure Resort	1.00pm	Sabor Desserts and Cider /
10.00am	Hunter Valley Gardens		Tyrell's Wines
11.30am	Hunter Valley Cheese, Chocolate	1.30pm	Morrells Sheepskin Factory
	and Cellar Door visits	2.00pm	Head Home
4.00pm	Back to resort	4-6.00pm	Back in St George area

Please call Shannon or Carol on 9585 3000 with any enquiries.

### Katoomba overnight trip #1







Better Support.
Stronger Connections.

st george community.

02 9585 3000

Address Website
1/29-33 Pitt Street www.stgct.org.au
Mortdale NSW 2223 Connect with us



